

## Sports Week Schedule

February 12<sup>th</sup> - 16<sup>th</sup>

### **Sports Week Day 1 - Sunday February 12<sup>th</sup> -**

**Classes: KG2- Grade 2 - Run By Student Council**

Class	Time	Location	Event Description	What do we need from Teachers?
KG2 A- Blue KG2 B- Red KG2 C- Orange KG2 D- Green	7:20 - 8:20	Hard Field and under umbrellas	Stations: <ol style="list-style-type: none"><li>1. Bottle Flip</li><li>2. Obstacle Course</li><li>3. Sack Race</li><li>4. Circle Games</li><li>5. Ball Games</li><li>6. Target Ball</li></ol>	<ol style="list-style-type: none"><li>1. Come and help out with the activities. Support the student council as they put on this event.</li><li>2. Prepare your class prior.<ol style="list-style-type: none"><li>a. Make sure they are all in your class colour, or they are recognizable in some way for the students running the activity (ie. Headbands, buttons, etc)</li><li>b. Bring water with your students. Encourage students to wear hats and dress for the heat.</li></ol></li></ol>
KG2 E- Blue KG2 F- Red G1 A- Orange G1 B- Green	8:30- 9:30	Hard Field and under umbrellas		
G1 C- Blue G1 D- Red G1 E- Orange G1 F – Green	10:10- 11:00	Hard Field and under umbrellas		
G2 A- Blue G2 B- Red G2 C- Orange	11:10- 12:00	Hard Field and under umbrellas		
G2 D- Blue G2 E- Red G2 F- Orange	1:00- 1:50	Hard Field and under umbrellas		

**Sports Week Day 2- Monday February 13<sup>th</sup>** **\*\*Grass Field Schedule to move to Activity Room (Girls Day) \*\***

**Pre K/ KG Fun Zone 7:30- 9:30 – Run By Gr7B2**

Class	Time	Location	Event Description	What do we need from Teachers?
Pre K1- Blue Pre K2- Red  KG1A- Green KG1B- Orange	7:15- 8:15	Grass Field	Station Games 1. Circle Games 2. Obstacle Course 3. Kiddie Hurdles 4. Races	1. Come and help out with the activities. Support the student council as they put on this event.  2. Prepare your class prior.  a. Make sure they are all in your class colour, or they are recognizable in some way for the students running the activity (ie. Headbands, buttons, etc)  b. Bring water with your students. Encourage students to wear hats and dress for the heat.
KG1 C- Blue KG1 D- Red KG1 E- Green KG1 F- Orange	8:30- 9:30	Grass Field		

**Indigenous Games 11:00- 1:45- Grade 3&4**

**Group 1- Run by Grade 8 Boys**

Class	Time	Location	Event Description	What do we need from Teachers?
G3 A- Blue G3 B- Red G3 C- Orange	11:00- 12:15	Grass Soccer Field	Students will rotate through stations.	1. Come and help out with the activities. Support the student council as they put on this event.  2. Prepare your class prior.  a. Make sure they are all in your class colour, or they are recognizable in some way for the students running the activity (ie. Headbands, buttons, etc)  b. Bring water with your students. Encourage students to wear hats and dress for the heat.
G 4B1 - Red G 4B2- Blue G 4B3- Green	12:45- 1:45	Grass Soccer Field	Each station will relate to the Native games of Canada and Arabia.	

**Sports Week Day 2- Monday February 13<sup>th</sup>** **\*\*Grass Field Schedule to move to Activity Room (Girls Day) \*\***

Group 2- Run by Grade 7 Girls

Class	Time	Location	Event Description	What do we need from Teachers?
G3 D- Blue G3 E- Red	11:00- 12:15	In Front of the school	Students will rotate through stations.	<ol style="list-style-type: none"> <li>1. Come and help out with the activities. Support the student council as they put on this event.</li> <li>2. Prepare your class prior. <ol style="list-style-type: none"> <li>a. Make sure they are all in your class colour, or they are recognizable in some way for the students running the activity (ie. Headbands, buttons, etc)</li> <li>b. Bring water with your students. Encourage students to wear hats and dress for the heat.</li> </ol> </li> </ol>
G 4G1- Green G4G2- Orange	12:45- 1:45	In front of the school	Each station will relate to the Native games of Canada and Arabia.	

## Sports Week Day 3 - Wednesday February 15<sup>th</sup>

### Jump Rope for Heart- Grade 5-6 Girls – Run by Grade 9 Girls

Class	Time	Location	Event Description	What do we need from Teachers?
G5G1- Red G5G2- Blue G6G1- Orange G6G2- Green	10:00- 11:00	Under the hard umbrella	<b>5 Stations for Girls to rotate through.</b>	<ol style="list-style-type: none"> <li>1. Come and help out with the activities. Support the Grade 9 Girls as they put on this event.</li> <li>2. Prepare your class prior. <ol style="list-style-type: none"> <li>a. Teach them about Jump Rope for Heart</li> <li>b. Practice Jump Rope in PE</li> <li>c. Some Websites to help you:  <a href="http://www.myheart.org.sg/jrfh/skipping_lessons.htm">http://www.myheart.org.sg/jrfh/skipping_lessons.htm</a>   <a href="http://support.heartandstroke.ca/site/DocServer/2. Jump Event Day Ideas - F17 FINAL.pdf?docID=1253">http://support.heartandstroke.ca/site/DocServer/2. Jump Event Day Ideas - F17 FINAL.pdf?docID=1253</a>   <a href="https://heartfoundation.org.au/images/uploads/jump-rope/Teachers_Resources/JRFH_TeachersManual.pdf">https://heartfoundation.org.au/images/uploads/jump-rope/Teachers_Resources/JRFH_TeachersManual.pdf</a> </li> <li>d. Make sure they are all in your class colour, or they are recognizable in some way for the students running the activity (ie. Headbands, buttons, etc)</li> <li>e. Bring water with your students. Encourage students to wear hats and dress for the heat.</li> </ol> </li> </ol>

### Sports Week Day 3 - Wednesday February 15<sup>th</sup>

#### Grade 7-10 Girls Hand Ball Tournament

Class	Time	Location	Event Description	What do we need from Teachers?
Grade 7- 10 Girls	11:00- 12:45	Girls Hard Field	Handball Tournament	<p>1. You will be in charge of a grade of girls, you need to make sure they are at their games on time, and provide them with activities to do while they are not playing. (This can be watching if there is enough room)</p> <p><b>11:00- 12:45</b></p> <p>Ms Amarah- Grade 7G</p> <p>Mr Michael (C) / Ms. Wardah (D)- Grade 8G</p> <p>Ms Megan- Grade 9 G</p> <p>Ms Nicole/Ms Chelsey- Grade 10G</p>

### Sports Week Day 3 - Wednesday February 15<sup>th</sup>

#### Football Tournament Grade 5-6 Boys (Run by PLS)

Class	Time	Location	Event Description	What do we need from Teachers?
G 5B1 G 5B2 G 5B3  G6B1 G6B2 G6B3	11:00- 12: 30  12:45- 1:45	Hard Field	In their classes, students will compete in a Football tournament.	<p>1. Bring your students in time for their match</p> <p>2. If you want your class to watch, you just need to help supervise</p> <p>3. Teachers can also use different things to keep students busy ie) ping pong, 4-square, movie in Grade 6 classroom, etc.</p> <p>4. Please make sure your students have water and are prepared to play with sportsmanship</p>

**Sports Week- Day 4 – Thursday February 16<sup>th</sup>, 2017**

**\*\*Grass Field Classes can take place on the hard field or in Activity Room-OR the boys can watch the tournament\*\***

**Football Tournament Grade 7-10 Boys**

Class	Time	Location	Event Description	What do we need from Teachers?
Grade 7- 10 Boys	11:00-12:15  12:45-1:45	Grass Field	Football Tournament Grade 7-10 Boys.  Play with their classes	<ol style="list-style-type: none"><li>1. Teachers will be in charge of their homeroom class</li><li>2. Bring your students in time for their match</li><li>3. If you want your class to watch, help supervise</li><li>4. Teachers can also use different things to keep students busy ie) ping pong, 4-square, movie in a classroom, etc.</li><li>5. Please make sure your students have water and are prepared to play with sportsmanship</li></ol>